

DISTRICT WELFARE OFFICER OF CAPF & AR

Sl. No.	NAME OF CAPF	NAME OF DWO	OFFICE ADDRESS	STATE	DISTT/PLACE	CONTACT NO	E-MAIL ADDRESS
1	AR	Asst Comdt Dev Raj	Training officer COE ARTC&S Dipu, PO-Dipu, Distt-Karbi Anglong (Assam)	Assam	Karbi Anglong	6000379317	dwowarbdipu@nil.in
2	BSF	Shri Pramod Pd Nautiyal, Comdt	Commandant 71 Bn BSF, Panbari, PO-Alamganj, Distt.-Dhubri (Assam) Pin-783339	Assam	Dhubri, Panbari	03662-239081(O) 09435545927 (M) 03662-239050(R)	comdt071@bsf.nic.in
3	CISF	Shri V.K. Dubey, Commandant	CISF Unit SDSC SHAR Sriharikota, PO-Sriharikota, Distt.-Nellore (Andhra Pradesh) Pin 524124	Andhra Pradesh	Nellore	08623-225035 (O) 08623-222121(CR) 09491106209 (M)	comdt@shar.gov.in
4	CISF	Shri Irphan Ahmed Comdt.	CISF Unit VSP, Distt.-Visakhapatnam (Andhra Pradesh) Pin-530031	Andhra Pradesh	Vishakhapatnam	0891-2518257(O) 0891-2518515(C/R)	vsp-visakha@cisf.gov.in
5	CISF	Shri Prabodh Chandra, Sr Commandant	CISF Unit ONGC Jorhat, PO-Chinamara, Distt.-Jorhat (Assam) Pin-785704	Assam	Sonitpur	0376-230003 (O) 0376-2707424 (CR)	ongc-jorhat@cisf.gov.in
6	CRPF	Shri Ram Krishan Comdt.	Commandant 42 Bn. CRPF, DPTC, Lalacheruvu Rajahmundry, Distt.- East Godavari (Andhra Pradesh) Pin-533106	Andhra Pradesh	East Godavari	08832430328 (O) 08832426569 (F/CR)	co42bn@crpf.gov.in Hq42bn@crpf.nic.in
7	CRPF	Shri S C Ghosh, DC	DIGP GC CRPF Camp Khatakhati, PO- Gautamvasti Khatakhati Karbi Along (Assam) Pin-782480	Assam	Karbi Anglong	03675-248002(O) 03675-249056(CR)	gckkt@crpf.gov.in
8	CRPF	Sh. Sanjay Kumar, Comdt	39 Bn, CRPF, Sai Ashraya, Apartment . Post - Pevadavutupally, Mandal- Unguturu, Distt. Krishna -Pin -521286	Andhra Pradesh	Krishana	9482919288	Hq39bnrcrpf@gmail.com
9	CRPF	Shri B D Das DIGP	DIGP GC CRPF Camp Dayapur Silchar, PO-Udharband, Cachar (Assam) Pin-788030	Assam	Cachar	03841-280455(O)	gcslr@crpf.gov.in
10	CRPF	Sh C.T Venkatesh, DIG	DIGP GC CRPF Camp, PO-Amerigog 9 mile, Guwahati (Assam) Pin-781023	Assam	Kamrup	0361-2895035(O) 0361-2895132(CR)	gcgty@crpf.gov.in

11	ITBP	Sh.Avinash Panwar , Commandant	Commandant -53 Bn ITBP, Village Palam Mandal,P.O.Kalikiri, Distt. Chittoor (A.P)	Andhra Pradesh	Chittoor	08586-276053 (O) 8333042053 (M)	comdt53rdbn@itbp.gov.in itcell53rdbn@itbp.gov.in
12	ITBP	Shri D,K, Bhateria ,Commandant	Commandant 25th Bn ITBP, PO-Tezu, Distt.-Lohit (Arunachal Pradesh) Pin-792001	Assam	Tinsukia	03804-224800 (R) 03804-224374 (O)	comdt25thbn@itbp.gov.in itcell25thbn@itbp.gov.in
13	ITBP	Shri Sobhan Singh Rana , Comdt.	Commandant 10th Bn, PO-Kimin Distt.- Papumpare, Itanagar (Arunachal Pradesh) Pin-791121 C/O	Arunachal Pradesh	Itanagar	0360-2255354(O) 0360-2255290 (R)	comdt10thbn@itbp.gov.in itcell10thbn@itbp.gov.in
14	ITBP	Shri Shalesh Kumar Joahi, Comdt.	Commandant 20th Bn ITBP, Along, Distt.-West Siang, Itanagar (Arunachal Pradesh) Pin-791001 C/O	Arunachal Pradesh	West Siang	03783-222511(O) 03783-222079 (R) 03783-224618(Ex)	comdt20thbn@itbp.gov.in itcell20thbn@itbp.gov.in
15	ITBP	Shri Gauri Shankar, Comdt.	Commandant 9th Bn ITBP, C/O 99 APO, Lohitpur (Arunachal Pradesh) Pin-934409	Arunachal Pradesh	Lohit, Lohitpur	03804-266009 (O) 03804-266012 (R)	comdt9thbn@itbp.gov.in itcell9thbn@itbp.gov.in
16	SSB	Shri Suresh Subramaniam	Commandant 30th Bn SSB Dirang PO- Dirang Distt.-West Kameng (Arunachal Pradesh) Pin-792001	Arunachal Pradesh	West Kameng	03780-242784 (O) 03780-242785 (CR)09436229040	hoo30bn.ssb@gov.in
17	SSB	Shri Amit Kumar DIG	DIG SHQ, SSB Bongaigaon, PO- Bongaigaon, Distt.-Bongaigaon (Assam) Pin-783380	Assam	Bongaigaon	03664-230074 (O) 03664-237504 (CR) 09435546118(M)	warbshqkjr@nic.in
18	CISF	Shri Dilip Kumar, Commandant	CISF Unit KhSTPP, Kahalgaon, PO_Deepinagar, Distt-Bhagalpur, Bihar, Pin-813214	Bihar	Bhagalpur	06429-226235(O) 06429-226651(CR)	khstpp-kahal@cisf.gov.in
19	CRPF	Shri Jagmohan Bhagat, DIGP	DIGP GC CRPF Camp Jhaphan, PO-Umanagaer Muzaffarpur (Bihar) Pin-842004	Bihar	Muzaffarpur	0621-2814865(O) 0621-2814815(CR)	gcmzr@crpf.gov.in
20	CRPF	Shri Anil Minz, Comdt	DIG GC CRPF Camp Mokamaghat, Patna (Bihar) Pin-803303	Bihar	Patna	06132-232340(O) 06132-232412(CR)	gemkg@crpf.gov.in
21	SSB	Shri Satish Kumar Dogra Commandant	Commandant 12 Bn SSB Near Baba Biscuit Factory NH-31, PO+ Distt.-Kishanganj (Bihar) Pin-855107	Bihar	Kishanganj	06456-250207 (O) 250206 (CR) Mob.09431821410	dwo.ssbkhg@nic.in
22	SSB	Shri Sonam Chhering Commandant	Commandant-47 Bn SSB, Vill- Pantoka P.O.Shimgpur(Haraiya) Distt.-East Champaran (Bihar) Pin-845429	Bihar	East Champaran	9431821310	sonamchheringcomdt@nic.in
23	CISF	Shri N. G. Gupta DIG	CISF RTC Bhilai, PO-Uttai, Distt.-Durg (Chattisgarh) Pin-491107	Chattisgarh	Durg	0788-2673827(O) 0788-2673611(CR)	rtc-bhilai @cisf.gov.in

24	CRPF	Shri B.S. Gupta, DIGP	DIGP GC CRPF Camp, Vill.-Bharni Kota Road, PO-Ganiyari, Distt.-Bilaspur	Chattisgarh	Bilaspur	07753-252627(O) 07752-291007(O)	gcbls@crpf.gov.in
25	CRPF	Shri Sandeep Dutta DIGP	DIGP GC CRPF, Jharoda Kalan New Delhi (Delhi) Pin-110072	Delhi	Jharoda Kalan	011-25315360(O) 011-25315373(CR)	gcdel@crpf.gov.in gcnewdelhi@rediffmail.com
26	CISF	Shri Deepak Mani Tiwari, DC	CISF Unit MPT Goa, PO-Head Land Sada, Distt-South Goa, Pin-403021, Goa	Goa	South Goa	0832-2521210 (O) 0832-2521434 (CR)	mpt-go@cisf.gov.in
27	CISF	Shri Ravinder Singh, Commandant	CISF Group HQrs, Ahmedabad, F-8 Avani Plaza, Ahmedabad, Pin-380015 (Gujrat)	Gujarat	Ahmedabad	079-22901150 (O)	gphgr-ahmedabad@cisf.gov.in
28	CISF	Shri Pankaj Kumar, Commandant	CISF Unit ONGC Ankaleshwar, PO- ONGC Colony Distt-Bharuch, Gujrat, Pin-393010	Gujarat	Bharuch	02646-246527 (O) 9426613132 (CR)	ongc-ankaleshwar@cisf.gov.in
29	CISF	Shri Abhishek Choudhary, Commandant	CISF Unit KPT Kandla, Distt-Kutch, Gujrat, Pin-370210	Gujarat	Kutch	02836-271037 (O) 271040 (CR)	dhep-dulhasti@cisf.gov.in
30	BSF	Sh Pardeep Kumar Sharma, Comdt	Commandant 32 Bn BSF, Sirsa Road, PO-Sirsa Road, Distt-Banaskantha, Pin-385505	Gujarat	Banaskantha	02748-279450(Ex) 02748-278217(O)	comdt115@bsf.nic.in
31	CRPF	Shri Rajesh Dhakarwal, DIGP	DIGP GC CRPF Camp Chiloda Road Gandhinagar (Gujrat) Pin-382042	Gujarat	Gandhinagar	079-23201326(O) 079-23201093(CR)	gcgnr@crpf.gov.in
32	BSF	Shri Surendra Kumar, Comdt.	Commandant 32 Bn BSF, Sirsa Road, PO-Sirsa Road, Distt.-Hissar (Haryana) Pin-125001	Haryana	Hissar	01662-299401 (Ex./F)	comdt032@bsf.nic.in
33	CRPF	Shri Pratap Singh, DIG	DIG, GC CRPF Camp Pinjore, Distt.- Panchkula (Haryana) Pin-134104	Haryana	Punchkula	01733-266251(O) 01733-266257(CR)	gcogcpjr@crpf.gov.in gcpjr@crpf.gov.in
34	CRPF	Shri Bhanu Pratap Singh DIGP	DIGP, GC CRPF Camp Kadarpur, Gurgaon (Haryana) Pin-122101	Haryana	Gurgaon	0124-2269505(O) 0124-2331001(CR)	doggcggn@crpf.gov.in
35	ITBP	Shri Mukesh Saraf, Comdt.	Commandant SS Bn ITBP Police Saboli Camp, PO-Nathupur, Distt.-Sonipat(Haryana)Pin-131029	Haryana	Sonipat	011-27281798(O) 011-27281120(R)	comdtssbn@itbp.gov.in itcellssbn@itbp.gov.in
36	ITBP	Shri Kushal Kumar , Comdt.	Commandant 2nd Bn ITBP PO-Babeili, Distt.-Kullu (Himachal Pradesh) Pin-175138	Himachal Pradesh	Kullu	01902-230031 (CR) 01902-230061(O)	comdt2ndbn@itbp.gov.in itcell2ndbn@itbp.gov.in
37	ITBP	Shri Arjun Singh Comdt.	Commandant 17th Bn ITBP, PO-Rekongpeo, Distt.- Kinnaur (Himachal Pradesh) Pin-172107	Himachal Pradesh	Kinnaur	01786-222272(O) 01786-222247(CR)	itcell17thbn@itbp.gov.in comdt17thbn@itbp.gov.in

38	ITBP	Shri Deepak Kumar Pandey, Commandant	Comdt. (Staff), O/o DIG (Shimla) SHQ (SML) ITBP PO-Taradevi, Distt.-Shimla (Himachal Pradesh) Pin-	Himachal Pradesh	Shimla	0177-2777610 (O) 0177-2842013 (R)	itcellsm1@itbp.gov.in itcellsm1.itbp@nic.in
39	SSB	Shri R. S. Shekhawat DIG	DIG CTC SSB Sapri, PO-Jwalamukhi, Distt.-Kangra (Himachal Pradesh) Pin-176031	Himachal Pradesh	Kangra	01970-222210(O) 01970-223389(CR)	warbdwo-ctcsapri-ssb@gov.in
40	BSF	Shri Bhaskar Singh, DIG	DIG (Adm) TC&S BSF, Hazaribagh, PO-Meru Camp, Distt.-Hazaribagh (Jharkhand)	Jharkhand	Hazaribagh	06546-236775(O) 06546-236776 (Ex.) 06546-236376 (F)	tshzsb@bsf.nic.in
41	CISF	Shri Ajay Kumar Jha, Commandant	CISF Unit DHEP Dulhasti, Chenab Nagar, Distt-Doda(J&K), Pin-182206	Jammu	Doda	01995-259351(O) 261474 (CR)	dhep-dulhasti@cisf.gov.in
42	CISF	Shri Navdeep Singh, Commandant	CISF Unit Shep Salal Jyotipuram, Distt-Udampur (J&K), Pin-182312	Jammu	Udhampur	01991-255490 (O) 255843 (CR)	shep-salal@cisf.gov.in
43	CISF	Shri Mamun Ur Rashid, Sr Commandant	CISF Unit CTPS Chandrapura, PO-Chandrapura, Distt.-Bokaro (Jharkhand) Pin-828403	Jharkhand	Bokaro	06549-242214 (O) 06549-242208 (CR)	ctps-chandra@cisf.gov.in
44	CISF	Shri Nitin Kumar Tyagi Dy Comdt	CISF Unit HEC Ranchi, PO-Dhurwa, Distt.-Ranchi (Jharkhand) Pin-834004	Jharkhand	Ranchi	0651- 2401752(O) 0651- 2401460(CR)	hec-ranchi@cisf.gov.in
45	CRPF	Shri Sashi Prakash Singh DIG	The DIG GC CRPF Camp Bantalab Jammu (J&K) Pin-181123	Jammu	Jammu	0191-2592297(O) 0191-2592071(CR)	gcbtb@crpf.gov.in
46	CRPF	Shri Pukhraj Jaipal, DIGP	DIGP GC CRPF Camp Distt-Ramban, (J&K) Pin-190015	Jammu	Ramban	0194-2430807(O) 0194-2432664(CR)	gcsnr@crpf.gov.in
47	ITBP	Shri J.P. Yadav DIG	DIG SHQ(Leh) ITBP Ladakh (J&K) Pin-194101, C/O 56APO	Kashmir	Leh, Ladakh	01982-264410(O) 01982-264419(CR)	digldk@itbp.gov.in itcellldk@itbp.gov.in
48	CRPF	Shri P.Kr Singh Comdt.	Commandant 106 RAF/CRPF Bn, Sundernagar, Jamshedpur (Jharkhand) Pin-832107	Jharkhand	East Singhbhoom	0657-2318155(CR) 9431704301 (CR)	co106raf@crpf.gov.in hq106raf@crpf.gov.in
49	BSF	Brig Jitendra Sindhu, Retd DIG	DIG SHQ BSF Baramulla J&K Pin-193107 C/O 56 APO	Kashmir	Baramulla	01952-263524(O) 01952-263481 (Ex.)	shqbaramulla@bsf.nic.in
50	CRPF	DIG	DIG, RTC-3, CRPF, Aravanchal, Distt- Kannur, Peringome, Kerala	Kerala	Kannur	<i>Being updated shortly</i>	<i>Being updated shortly</i>
51	BSF	Comdt	Commandant 162 Bn BSF, Distt- Thrissur, PO-Mulayam, Kerala, Pin No-680751	Kerala	Thrissur	<i>-do-</i>	<i>-do-</i>
52	ITBP	Commandant	Commandant 27th Bn ITBP, Distt- Alappuzha, PO-Nooranad Sanatorium, Distt-Alappuzha, Kerala,	Kerala	Alappuzha	<i>-do-</i>	<i>-do-</i>

53	BSF	Sh Arvind Narayan, Comdt	SHQ BSF Thiruvananthapuram, PO-Sasthamangalam (Kerala) Pin-695010	Kerala	Thiruvananthapuram	0471-2319351 (Ex.) 0471-2509251(O) 8606837345(M)	shqtm@bsf.nic.in
54	CISF	Dr Shishir Kumar Gupta, Comdt	CISF Unit ASG BIA Bangalore, Post- Vimanpura, Airport Bangluru, Karnataka, Pin-560300	Karnataka	Bangaluru	080-22001520(O) 22001514 (CR)	bangalore-apsu@cisf.gov.in
55	CISF	Shri Sandeep Kr S , Sr. Comdt.	CISF Group HQrs, Cochin, Kendriya Bhawan, Block-CZ Kendriya Bhawan, Cochin Special Economic Zone, Thrikkarara (PO), Cochin, Kerala-682037	Kerala	Ernakulam	0484-2426217(O)	gphgr-cochin@cisf.gov.in
56	CRPF	Shri Sanand Kamal, DIGP	DIGP GC CRPF, Yelhananka Bangaluru (Karnataka) Pin-560064	Karnataka	Bangaluru	080-29721024 (O) 080-28460153	diggcblr@crpf.gov.in
57	AR	Col S Bhuyan	Comdt 42 AR, Pin-932042, C/O-99 APO	Manipur	Bishnupur	7085066805	Khalisbyalis@gmail.com
58	AR	Col. Prasa Ghorpade	Commandant 18AR, Pin-932018 C/O 99 APO	Manipur	Chandel	03872-232427 09436299818 (M)	dwo.chandel.gov.in
59	AR	Col. Muthun R Shetty	Commandant 25 AR, Pin-932025 C/O 99 APO	Manipur	Churachandpur	8009164649	Silverjubilee@gmail.com
60	AR	Col. G K Mahindara	Commandant 34AR, Pin-932034 C/O 99APO	Manipur	Senapati	8003698002 03871265241	gaurvmahindra28@gmail.com
61	AR	Col. Pratyush Kr Singh Gaur	Comdt 46 AR, Pin-932046 C/o-99 APO	Mizoram	Aizawl	0389-2320376 0389-2320925	welfare46@rediffmail.com
62	AR	Col. Snahal Rathore	Commandant 1AR, Pin-932001 C/O 99 APO	Mizoram	Lunglei	0372-2325398 09612624765	Ihbn1850@gmail.com
63	AR	Col. Vineet Jaiswal	Comdt 15 AR, Pin-932015, C/O 99 APO	Manipur	Imphal East and West	7085057115	Vineet1501@rediffmail.com
64	BSF	Sh Vijay Kr Thapliyal	DIG SHQ, BSF Tura, PO-Dobasipara, Distt.-West Garo Hills (Meghalaya) Pin-794005	Meghalaya	West Garo Hills	03651-221593(O) 03651-221586 (F) 03651-221594 (R)	shqtura.bsf@nic.in
65	BSF	Shri K. S. Rana Comdt.	Commandant(CENWOSTO) BSF, PO- Tekanpur, Distt.-Gwalior (Madhya Pradesh) Pin-475005	Madhya Pradesh	Gwalior	07524-274292(O) 07524-275123(R)	cenwosto@bsnl.in
66	BSF	Shri Sailesh Kumar, Comdt	DIG CSWT BSF Indore, PO-Bijasan Road, Distt.-Indore (Madhya Pradesh) Pin-452005	Madhya Pradesh	Indore	0731-2620110 (O) 0731-2620664 (R) 0731-2631671 (F)	cswt@bsf.nic.in
67	CISF	Shri Rajesh Sr. Comdt.	CISF GP, HQ Kharghar, Sec-35, Navi Mumbai (MH), Pin-410210	Maharashtra	Mumbai	022-27762017(O) 27762015 (CR)	gphqr-mumbai@cisf.gov.in

68	CISF	Shri Shiv Ratan Singh Meena, Commandant	CISF Unit ISP Jel Road-Nasik Road, Distt.-Nashik (Maharashtra) Pin-422101	Maharashtra	Nashik	0253-2465375(O) 0253-2465256 (CR)	isp-nasik@cisf.gov.in
69	CISF	Shri Kundan Kumar, Dy Comdt	CISF Unit BNP Dewas, Distt-Dewas(Madhya Pradesh)-455003	Madhya Pradesh	Dewas	07272-255567(O) 255773(CR)	bnp-dewas@cisf.gov.in
70	CISF	Shri Hemraj Gupta, DIG	CISF RTC Barwaha, Post-Daria Mahal, Distt-Khargone (MP), Pin-451115	Madhya Pradesh	Khargone	07280-224307(O) 07280-223595(CR/F)	rtc-barwaha@cisf.gov.in
71	CRPF	Shri Sanjay Kumar, DIG	DIGP GC CRPF Camp Hinga Road Nagpur, Distt.-Nagpur (Maharashtra) Pin-440019	Maharashtra	Nagpur	07104-236097(O) 07104-236983(CR)	gcngr@crpf.gov.in
72	CRPF	Shri B Veerraju, Commandant	DIGP CTC-III CRPF Mudhkhed Distt.-Nanded (Maharashtra) Pin-431806	Maharashtra	Nanded	02462-275621(O)	ctctthree@crpf.gov.in
73	CRPF	Shri Vinod Vijay DIG	DIGP GC CRPF Camp Talegaon, PO-Vishnupuri, Teh.-Maval, Distt.-Pune (Maharashtra) Pin-410507	Maharashtra	Pune	9483516070 (M) 02114-255477 (O) 02114-255455 (CR)	diggcpun@crpf.gov.in
74	CRPF	Shri Anil Kumar DIGP	DIGP GC CRPF Campus, Bangarasia, Chiklod Road, Bhopal (Madhya	Madhya Pradesh	Bhopal	07480-262223(O) 07480-262244(CR)	gcbpl@crpf.gov.in
75	CRPF	Shri Rajeev Ranjan Kr DIGP	DIGP GC Campus, Neemuch, PO-Neemuch, Distt.-Neemuch	Madhya Pradesh	Neemuch	07423-223001(O) 07423-220162(CR)	gcnmh@crpf.gov.in
76	ITBP	Shri Mahesh Kalawat, Comdt	Commandant Telecom Bn ITBP Shivpuri, PO+Distt.-Shivpuri	Madhya Pradesh	Shivpuri	07492-223380(O) 07492-223382 (CR)	comdttelebn@itbp.gov.in itcelltelebn@itbp.gov.in
77	AR	Col.Samrat Sengupta	Comdt 40 AR, Pin-932040, C/O 99 APO	Nagaland	Tuensang	0386-220738 8731855773	samratsengupta78@gmail.com
78	AR	Col. V S Pal	Commandant 32 AR, Pin-932032 C/O 99 APO	Nagaland	Dimapur	03862-248486	procell32ar@gmail.com
79	AR	Col. Devraj Bhattachariya	Comdt 3 AR, Pin-932003, C/O-99 APO	Nagaland	Kohima	0370-2292283 7085065166	dtigeraj@gmail.com
80	AR	Col. K S Kataria	Comdt 44 AR, Pin-932044, C/O 99 APO	Nagaland	Mokokchung	03692-225222	Nofear44ar@yahoo.com
81	CISF	Shri S K Mishra, Commandant	CISF Unit Nalco, Angul, Post-Naico Nagar, Distt-Angul(Odisha)	Odisha	Angul	06764-220128 (O) 220264 (CR)	nalco-angul@cisf.gov.in
82	CRPF	Shri S K Tigga, DIGP	DIGP GC CRPF Camp Bhubaneswar, PO-Nayapli,	Odisha	Bhubaneswar	0674-2556611(O) 0674-2558206(CR)	diggcbbsr@crpf.gov.in gcbbsr@crpf.gov.in
83	CISF	Shri P K Bharti, Commandant	CISF Unit Nalco Damanjodi, PO-Damanjodi, Distt- Koraput(Odisha),	Odisha	Koraput	06853-254281(O) 06853-254243 (CR)	nalco-damanjodi@cisf.gov.in
84	BSF	Shri J S Oberia, VSM	DIG SHQ, BSF Khasa, PO-Narayangarh, Distt.-Amritsar (Punjab) Pin-143106	Punjab	Amritsar	0183-2476369 (O) 0183-2452551 (51) 09417901048 (M)	shqamritsar@bsf.nic.in

85	BSF	Sh.Sandeep Channan, DIG	DIG SHQ BSF Firojpur, PO-Firojpur, Distt.-Firojpur (Punjab)	Punjab	Firojpur	01632-244420(O) 01632-246264 (Ex.)	shqferozpur@bsf.nic.in
86	BSF	Sh. Rajesh Sharma ,IPS	DIG SHQ, BSF Gurdaspur, PO+Distt.- Gurdaspur (Punjab)	Punjab	Gurdaspur	01874-220885(O/Ex.)	shqgurdaspur@bsf.nic.in
87	BSF	Sh Upendra Rai, Comdt	DIG STC BSF, Kharka Camp, Una Road, Hoshiyarpur (Punjab)	Punjab	Hoshiyarpur	01882-272788(O/Ex.)	stckcamp@bsf.nic.in
88	BSF	Shri Gurpal Singh, DIG	DIG, SHQ BSF Barmer, Jaisalmer Road, Distt.- Barmer (Rajasthan) Pin- 344001	Rajasthan	Barmer	0298-2220841(O/Ex.) 09419260647 (M)	shqbarmer@bsf.nic.in
89	BSF	Shri Parashu Ram	DIG SHQ BSF Bikaner, Sagar Road, Distt.-Bikaner (Rajasthan) Pin-334001	Rajasthan	Bikaner	0151-2233833(O) 0151-2230243 (Ex.) 09413319815(M)	shqbikaner@bsf.nic.in piyushmorida@gmail.com
90	BSF	Sh Satish Chandra Ghatpande, DIG	DIG BSF SHQ Sriganganagar, 3-E Chhoti, SSB Road,	Rajasthan	Sriganganagar	0154-2463090 (O) 0154-2460838 (Ex.)	shqsrignr@bsf.nic.in sgnr@bsf.nic.in
91	BSF	Shri Sanjay Sharma, DIG	DIG SHQ BSF Jaisalmer(North) PO+Distt.-Jaisalmer (Rajasthan) Pin-795002	Rajasthan	Jaisalmer	02992-252301(O) 02992-252704(F/Ex.) 09413319838(M)	shqjain@bsf.nic.in
92	BSF	Sh.Laxman Singh Bhati, Comdt	DIG BSF STC BSF Mandore Road Jodhpur (Rajasthan) Pin-342026	Rajasthan	Jodhpur	0291-2573670(O) 0291-2570532 (F)	stcldr@bsf.nic.in
93	CISF	Shri S K Sinha, DIG	CISF MPRTC Anantpura, Behror, Distt-Alwar(Raj), Pin-301713	Rajasthan	Alwar	01494-248003 (O) 248005 (CR)	rtc.deoli2@cisf.gov.in
94	CISF	Shri Sanjeev Kumar, Commandant	CISF Unit RAPS/HWP Kota, PO-Anushakti, Via-Kota, Distt.-Chittorgarh (Rajasthan)	Rajasthan	Kota	01475-233272(O) 01475-233266 (CR)	ktps-kota@cisf.gov.in
95	CISF	Shri S.K. Mallick DIG	CISF RTC-I Deoli, PO-Deoli, Distt.-Tonk (Rajasthan) Pin-304804	Rajasthan	Tonk	01434-232040 (O) 01434-232088 (CR)	rtc-deoli1@cisf.gov.in
96	CRPF	Shri Anil Dhoundiyal, DIG	DIGP CRPF GC-I, Golf Course Road Ajmer(Rajasthan)Pin-305007	Rajasthan	Ajmer	0145-2670157(O) 0145-2670429 (F/CR) 09414004133(M)	diggcajm1@crpf.gov.in gcajm1@crpf.gov.in
97	ITBP	Shri Angad Prasad Yadava, Comdt	SHQ(GTK) ITBP below Metro Point, PO-Samdur (Tadong) Gangtok East Sikkim (Sikkim)	Sikkim	East Sikkim	03592-231340 (Ex) 03592-271018 (F) 03592-231849 (O)	itcellgtk@itbp.gov.in comdtstaffgtk@itbp.gov.in
98	AR	Col S D Deshmukh	Comdt 30 AR, Pin-932030, C?O 99 APO	Tripura	Dhalai	8415923321	hq21sector-ar@gov.in
99	BSF	Sh. Anand Singh, DIG	Sector Hqr BSF Bagafa Udaipur, PO-Santir Bazar, Distt.-Tripura South (Tripura) Pin-799144	Tripura	Tripura South	03823- 272530(O) 03823- 272531(F/Ex.) 09436460515 (M)	shqupr@bsf.nic.in

100	CISF	Sh Raghbir Narain, Comdt, CISF	CISF Unit SCCL Singreni, CISF Complex Srirampur area, (A.P) PO-CCC Naspur, Distt.-Adilabad	Telangana	Adialabad	08736-234040(O) 08736-239368(CR) 9491144638 (Mob)	sccl-singareni@cisf.gov.in
101	CISF	Sh Vijay Kumar, Comdt, CISF	CISF Unit RSTPS Ramagundam, PO-Jyothinagar, Distt.-Karimnagar (Telangana) Pin-505215 (A.P)	Telangana	Karimnagar	8728272930(O) 8728272313(CR)	rstpp-ramag@cisf.gov.in
102	CRPF	Shri Rajeev Kumar Sharma, DIGP	DIGP GC CRPF Camp, Salbagan Adarini, Agartala, Distt.-Tripura West (Tripura) Pin-799012	Tripura	Tripura West	0381-2397625(O) 0381-2397682(CR)	gcagt@crpf.gov.in
103	BSF	Sh.Baby Joseph, DIG	Sector Hqr BSF Panisagar, PO-Panisagar, Distt.-Tripura North (Tripura) Pin-799260	Tripura	Tripura North	03822-271046 (O) 03822-271050(F/Ex.) 09436460620 (M)	shqpani@bsf.nic.in shqpsr@bsf.gov.in
104	CISF	Sh E.B Murlidharan, Asstt Comdt	CISF Unit BDL Bhanur, PO-BDL Township, Bhanur, Distt-Medak, Telangana, Pin-502305	Telangana	Medak	C/R-040-23469109 040-23469107 Off-040-23469105/9557	bdlbhanur@cisf.gov.in
105	CISF	Smt K.K Sinha, Sr Comdt	CISF Unit NLC Neyveli, G-14, Block-16, G-14, Block-16, JN Salai, Nayveli(TN) Pin-607801	Tamilnadu	Cuddalore	04142-252691 (O) 218554 (CR)	nic-neyveli@cisf.vog.in
106	BSF	Sh Kamaljit S Banyal, DIG	SHQ BSF Chennai, Vill-Keerapakkam, PO-Nallambakkam, PS-Kayar, The-Chengalpattu, St-	Tamilnadu	Kancheepuram	06861-230021(O) 06861-230019 (F)	shqchennai@bsf.nic.in
107	ITBP	Sh Suresh Kumar Yadav, Commandant	Comdt 45 Bn ITBP,(MHA) GOI, Idyapatti Camp, Distt-Amur South, Madurai North, Tamilnadu-10	Tamilnadu	Madurai	0452-2543501(O) 9442600584(M)	comdt45thbn@itbp.gov.in itcell45thbn@itbp.gov.in
108	CISF	Shri Mahakund Mishra, DC	CISF Unit TPT Tuticorin, Bharathi Nagar-Post, Tuticorin, Distt-(TN) Pin-628004	Tamilnadu	Thoothukudi	0461-2352350 (O) 2352781 (CR)	vocpt-tuticorin@cisf.gov.in
109	CISF	Shri V. Khamo DIG	CISF RTC Arakkonam, PO-Suraksha Campus, Taluk-Arakkonam, Distt.-Vellore	Tamilnadu	Vellore	04177-246400(O) 04177-246300(CR) 04177-246300 (F)	rtc-arakkonam@cisf.gov.in
110	CRPF	Sh M Raghuram, DIGP	Group Centre, CRPF Hakimpet, Secundrebad, Rangareddy, Telangana -500078	Telangana	Rangareddy	040-29701631	diggcrry@crpf.gov.in
111	CRPF	Sh Manoj Kumar, Commandant	Comdt 141 Bn CRPF, at Kunavaram Road, Bhadrachalam, Distt-Bhadradi, (Telangana)	Telangana	Bhadradi	08743-235002	Co141bn@crpf.gov.in
112	CRPF	Shri Virendra Agarwal, DIGP	DIGP GC CRPF Camp Avadi Chennai (Tamilnadu) Pin-600065	Tamilnadu	Chennai	044-26841220(O) 044-26840025(CR&F)	gcavd@crpf.gov.in
113	CRPF	Shri K. S Anupam, IPS, DIG	Group Centre, CRPF,Keshogiri, Hyderabad (Telangana) 500005	Telangana	Hyderabad	040-24440043 (C/R) 040-29704043 (Fax)	diggchyd@crpf.gov.in

114	CRPF	Shri R. Jay Kumar Comdt.	Comdt 105 RAF Bn CRPF Mahalingampura, Vellalore, Coimbatore (Tamilnadu)	Tamilnadu	Coimbatore	0422-2413343(O) 0422-2413120(CR& F)	hq105raf@crpf.gov.in
115	CRPF	Shri Vijay Kumar Comdt.	Comdt-58 Bn,CRPF, Bheemaram Police Line, Hanamkonda, Warangal (A.P)-506009.	Telangana	Warangal	0870-2438314	co58bn@crpf.gov.in
116	CISF	Sh Santhi G Jaidev, Sr Comdt	Sr Comdt, CISF 4th RB, Sivagangai, PO-Amaravathi Pudur, Distt-Sivagangai, State-Tamilnadu	Tamilnadu	Sivaganga	9443671961 (CR) 9487669840 (O)	bn4th @cisf.gov.in
117	CISF	Sh Bhupendra Singh, DC	Dy Comdt, CISF Unit SSP Salem, PO-Mohan Nagar, Distt-Salem (TN)	Tamilnadu	Salem	0427-2382109 (CR) 2382409 (O)	sspsalem@cisf.gov.in
118	CISF	Shri Shiv Kumar Sr. Comdt.	CISF Unit BHEL, PO-Ranipur Haridwar (Uttarakhand)Pin-249403	Uttarakhand	Haridwar	0133-285278(O) 285019 (CR)	bhel-hardwar@cisf.gov.in
119	CISF	Shri Pradeep Kumar, Dy Comdt	CISF Unit IOC Mathura, PO-Mathura Refinery Project, Distt-Mathura(UP), Pin-281005	Uttar Pradesh	Mathura	0565-2417951 (O) 2417300 (CR)	ioc-mathura@cisfgov.in
120	CISF	Shri P. P. Singh Sr. Comdt.	CISF 5th Reserv Bn Ghaziabad, PO-Indrapuram, Ghaziabad(UP), Pin-201014	Uttar Pradesh	Ghaziabad	0120-2652141(O) 2652140 (CR)	rb-5th@cisf.gov.in
121	CISF	Shri Anil Kumar	CISF Unit UPCC/Gali Pata, Distt-Etawah (UP), Pin-206241	Uttar Pradesh	Etawa	05683-282052 (O) 284406 (CR)	upcc-pata@cisf.gov.in
122	CISF	Shri G P Singh, Sr Commandant	CISF Unit FGUTPP, PO+PS-Unchahar, Distt.- Raibareli (Uttar Pradesh) Pin-229406	Uttar Pradesh	Raibareli	05311-278009(O) 278009(CR)	fgutpp-unch@cisf.gov.in
123	CISF	Shri Vinod Dabade, DC	CISF Unit PTPP, Paricha, Distt.-Jhansi (Uttar Pradesh)	Uttar Pradesh	Jhansi	0510-2782523(O) 0510-2782343(CR)	ptps-paricha@cisf.gov.in
124	CISF	Shri Satyabir Singh Aswal, DC	CISF Unit THDC Tehri, PO-Bhagirathipuram (Garhwal) Distt.-Tehri Garhwal (Uttarakhand) Pin-249124	Uttarakhand	Tehri Garhwal	01376-236562(O) 01376-236346(CR)	thdc-tehri@cisf.gov.in
125	CRPF	Shri Pradeep Chandra, DIGP	DIGP GC CRPF Khatgodam, Kheragaon, Sultannangi Golapar, PO-Khatgodam, Distt.-Nainital (Uttarakhand) Pin-263126.	Uttarakhand	Nainital / Udham Singh Nagar	05946-266433 (O) 05946-266434 (CR)	diggckgm@crpf.gov.in
126	CRPF	Shri M.S Shekhawat, DIG	DIGP GC CRPF Campus, Old Airport, PO-Ismile Ganj, Phaphamau, Allahabad (Uttar Pradesh) Pin-211013	Uttar Pradesh	Allahabad	0532-2647675(O) 0532-2447688(CR)	gcald@crpf.gov.in

127	CRPF	Shri Jasbir Singh Sandhu, DIG	DIGP GC CRPF Campus, Bijnore, PO-Bijnore, Distt.-Lucknow (Uttar Pradesh) Pin-226002	Uttar Pradesh	Lucknow	0522-2817515(O) 0522-2817847(CR)	gclkw@crpf.gov.in
128	CRPF	Shri S S Sidhoo DIGP	DIGP Range Office CRPF Campus, Distt.-Rampur (Uttar Pradesh) Pin-244901	Uttar Pradesh	Moradabad	0595-2330384(O) 0595-2330090(CR)	digrpr@crpf.gov.in
129	ITBP	Shri G.C Purohit Comdt.	Commandant 8 th Bn ITBP Gochar, Distt.-Chamoli (Uttarakhand) Pin-246429	Uttarakhand	Chamoli, Gaucher	01363-240627 (O) 01363-240799 (CR) 9410394883	comdt8thbn@itbp.gov.in itcell8thbn@itbp.gov.in
130	ITBP	Shri Ashok Kumar Gupta, Commandant	Commandant 23rd Bn.ITBP PO-Seemadwar Distt.-Dehradun (Uttarakhand) Pin-248146	Uttarakhand	Dehradun	0135-2761873(O) 0135-2761160(CR)	comdt23rdbn@itbp.gov.in itcell23rdbn@itbp.gov.in
131	ITBP	Shri Subhash Chand Yadav 2IC CCD	Commandant 36th Bn ITBP,Lohaght, Distt.Champawat (Uttarakhand)	Uttarakhand	Champawat	05964-256100(O) 05964-256076 (Ex.)	comdt36thbn@itbp.gov.in itcell36thbn@itbp.gov.in
132	ITBP	Shri Satpal, DIG	DIGP.ITBP , Mountain Driving School , Distt. Almora (UK)	Uttarakhand	Almora	05962-241085(O) 9485102013(M)	digmntdvtrgs@itbp.gov.in itcellmntdvtrgs@itbp.gov.in
133	ITBP	Shri Pawan Kumar, Commandant	Commandant 12th Bn ITBP Matli, Distt.-Uttarkashi (Uttarakhand) Pin-249193	Uttarakhand	Uttarkashi/Matli	01374-235489(O) 9411103615 (M)	comdt12thbn@itbp.gov.in itcell12thbn@itbp.gov.in
134	SSB	Shri Gajraj Singh Comdt.	Commandant 42nd Bn SSB Nanpara, PO-Nanpara, Distt.-Baharich (UP) Pin-271865.	Uttar Pradesh	Bahraich	9415413381	comdt.42bn.ssb@nic.in
135	SSB	Shri Dilbagh Singh , Commandant	Commandant 49 th Bn SSB, Lalaurikhera, PO- Lalaurikhera, Distt.-Pilibhit (Uttar Pradesh)	Uttar Pradesh	Pilibhit	9415413323	49ssb@nic.in
136	SSB	Shri Ranjeet Singh, DIG	DIG Sector HQ SSB, FCI Complex, PO-Bargadwa, Distt.- Gorakhpur (Uttar Pradesh) Pin- 273007	Uttar Pradesh	Gorakhpur	0551-2261045 (O) 9415413305	diggkp@ssblkw.nic.in
137	SSB	Sh. Bikram Singh DIGP	Director Academy SSB, Garhwal, Distt.-Pauri (Uttarakhand) Pin- 246174	Uttarakhand	Pauri	01346250814 9720214441	bikram.st@gov.in
138	SSB	Shri Mahesh Kumar Comdt	DIG CI&JW School SSB Gwaldam, PS-Tharali, PO-Gwaldam, Distt.-Chamoli (Uttarakhand) Pin-246441	Uttarakhand	Chamoli	01363-274272 (O) 01363-274269(CR) 9412566243	Comdt.ssbgdm@gov.in
139	SSB	Shri Rajesh Thakur Commandant	Commandant 11th Bn SSB, PO-Didihat, Distt.-Pithoragarh (Uttarakhand) Pin- 262551	Uttarakhand	Pithoragarh	05964-232720(O)	comdt-11bn-ssb@nic.in

140	SSB	Shri Anulesh Kumar, 2IC	22nd Bn SSB, Nautanwa, PO-Nautanwa, Distt-Maharajganj (UP)-273164	Uttar Pradesh	Maharaj ganj	983942459	
141	SSB	Shri Amit Sharma	Commandant 43rd Bn, SSB, Siddharthnagar, Vill.-Semarnar, PO- Bhimapar, Teh.-Naugarh, Distt.-	Uttar Pradesh	Siddharthnagar	05544-222834(O) 9415413394	bn02.ssblkw@nic.in
142	SSB	Sh B K Pal, DIG	DIG, SSB SHQ Ranidanga, PO_Sushrutanagar, Distt-Darjeeling, (West Bengal)Pin-734012	West Bengal	Darjeeling	0353-2585586 (O) 9434756301	bk/pal93@nic.in
143	BSF	Sh. Ramesh Chandra Singh, Offg DIG	DIG SHQ, BSF Cooch Behar, PO-Kharija Kakribari Distt.-Cooch Behar (West Bengal) Pin-741019	West Bengal	Cooch Behar	03582-241019(O) 03582-241022 (Ex.) 03582-241019 (F)	shqcbr@bsf.nic.in
144	BSF	Sh. Naresh Kumar	Commandant 96 Bn, Patiram, PO-Atari, Distt.-Dakshin Dinazpur (West Bengal) Pin-733158	West Bengal	Dakshin Dinazpur	03522-273283 (O) 03522-253078(Ex/F)	comdt096@bsf.nic.in
145	BSF	Sh. Arun Kumar, Comdt	Commandant 27 Bn, BSF Tagorevilla, PO-Alambazar, Distt.-24 Parganas (West Bengal) Pin-70003524	West Bengal	24 Parganas	033-25771674 (O/Ex.)	comdt27@bsf.nic.in
146	BSF	Sh.Pramod Kumar Anand, DIG	DIG SHQ BSF Krishna Nagar, PO-Saratpally, Distt.-Nadia (West Bengal) Pin-741101	West Bengal	Nadia	03472-271762(O) 03472-223458 (Ex.)	shqkng@bsf.nic.in
147	CISF	Shri Yogesh Mehta DIG	CISF NEZ HQ Premises No.533, PO-East Kolkata, Township Kasba Kolkata (West Bengal)Pin-700107	West Bengal	Kolkata	03512-24430684(O) 03485-24430685(CR)	dignez@cisf.gov.in
148	CISF	Shri Manmohan Singh, Commandant	CISF FBP Farakka, PO-Khejuria Ghat, Distt.-Malda (West Bengal) Pin-732127	West Bengal	Malda	03512-224286(O) 03485-253604(CR)	fbp-farakka@cisf.gov.in
149	CISF	Shri R K Shukla, Commandant	CISF Unit HDC Haldia, PO-Haldia, Distt.-Purba Midnapur (West Bengal) Pin-721604	West Bengal	Midnapur	03224-252229(O) 03224-252222(CR)	hdc-haldia@cisf.gov.in
150	CRPF	Shri Vinay Kumar Singh DIGP	DIGP GC CRPF Camp Durgapur, Distt.-Bardhman (West Bengal) Pin-713214	West Bengal	Bardhman	0343-2500559(O) 0343-2500529(CR)	diggcdpr@crpf.gov.in
151	CRPF	Shri B.S Gujral, DIG	DIGP GC CRPF Camp Siliguri PO-Sushruta Nagar, Distt.-Darjiling (West Bengal) Pin-734012	West Bengal	Jalpaiguri	9641011118 (O) 0353-2585509(CR)	gcslg@crpf.gov.in